Final Vanu	EV 2015		EV 10/20/2014
Fiscal Year:	FY 2015	Task Last Updated:	FY 10/30/2014
PI Name:	Barshi, Immanuel Ph.D.		
Project Title:	Effects of Long-Duration Spaceflight on Traini	ng Retention: 1 Yr ISS Investigation	
Division Name:	Human Research		
Program/Discipline:	HUMAN RESEARCH		
Program/Discipline Element/Subdiscipline:	HUMAN RESEARCHSpace Human Factors	Engineering	
Joint Agency Name:		TechPort:	No
Human Research Program Elements:	(1) HFBP:Human Factors & Behavioral Perform	nance (IRP Rev H)	
Human Research Program Risks:	 (1) BMed:Risk of Adverse Cognitive or Behavioral Conditions and Psychiatric Disorders (2) HSIA:Risk of Adverse Outcomes Due to Inadequate Human Systems Integration Architecture (3) Team:Risk of Performance and Behavioral Health Decrements Due to Inadequate Cooperation, Coordination, Communication, and Psychosocial Adaptation within a Team 		
Space Biology Element:	None		
Space Biology Cross-Element Discipline:	None		
Space Biology Special Category:	None		
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PI Organization Type:	NASA CENTER	Phone:	650.604.3921
Organization Name:	NASA Ames Research Center		
PI Address 1:	Mail Stop: 262-4		
PI Address 2:	Human Systems Integration Division		
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City:	Moffett Field	State:	CA
Zip Code:	94035-1000	Congressional District:	18
Comments:			
Project Type:	FLIGHT,GROUND	Solicitation / Funding Source:	Directed Research
Start Date:	10/01/2013	End Date:	12/30/2016
No. of Post Docs:		No. of PhD Degrees:	
No. of PhD Candidates:		No. of Master' Degrees:	
No. of Master's Candidates:		No. of Bachelor's Degrees:	
No. of Bachelor's Candidates:		Monitoring Center:	NASA JSC
Contact Monitor:	Whitmore, Mihriban	Contact Phone:	281-244-1004
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Flight Program:	ISS		
Flight Assignment:	ISS NOTE: Risk/Gaps per E. Connell/HRP (Ed., 3/	20/14)	
	NOTE: Start date changed to 10/1/13 (from 5/2	2/13) per M. Whitmore/JSC (Ed., 2/24/14)	
Key Personnel Changes/Previous PI:			
COI Name (Institution):	Byrne, Vicky (Lockheed Martin-NASA Johnson Space Center) Holden, Kritina (Lockheed Martin-NASA Johnson Space Center) Vessey, Brandon (Wyle/NASA Johnson Space Center) Hurst, Victor (Wyle/NASA Johnson Space Center)		
Grant/Contract No.:	Directed Research		
Performance Goal No.:			

Task Description:	This proposal focuses on the research opportunity afforded by the 2015 year-long mission of two crewmembers aboard the International Space Station (ISS). Given that only two crewmembers will be spending the full year in space, the research proposed here is more of a case study than a typical research project. However, using repeated measures within-subject design, important insights can be gained concerning the retention and transferability or generalizability of material learned, as well as the effectiveness of Earth-based pre-launch training. In addition, information obtained in this research could help in the design of proper intervals for onboard refresher training, and suggest domains best served by Just-In-Time training (JITT). This proposal will be led by the Space Human Factors Engineering (SHFE) Element within the Human Research Program (HRP). The outcomes from this study will address gaps within the SHFE Element, as well as within the Behavioral Health and Performance (BHP) and Exploration Medical Capability (ExMC) Elements, and will be a cooperative effort with those Elements. Products and tools developed by these Elements in their work under HRP will be leveraged to benefit the proposed research. The specific aims are as follows: Aim A. Test the retention and transfer of specific technical content learned pre-launch to assess the need for and possible schedule of onboard refresher and JIT training. Aim B. Compare the process of knowledge/skill decay on orbit with that of a closely-matched subject on Earth. Aim C. Collect naturalistic data from onboard crew and ground control personnel on training-related crew performance including: performance errors, requests for ground support, need to review material previously learned, and training success stories.
Rationale for HRP Directed Research	This research is directed due to a time constraint. This proposal focuses on the research opportunity afforded by the 2015 year-long mission of two crewmembers aboard the International Space Station (ISS).
Research Impact/Earth Benefits:	To date, we have not been able to collect data in flight to document the effectiveness of preflight crew training. Crewmembers have been largely successful in their performance, but that success could have primarily been the result of excellent innate capabilities, extreme motivation, and "as needed" support from mission control. Many studies have documented the processes of skill decay and the forgetting of acquired knowledge. However, all these studies have been conducted on Earth. It is an understatement to say that space is a very different environment than the one people are accustomed to on Earth. Yet, almost all current crew training is done on Earth. Zero-G is only one aspect of the difference that cannot be properly simulated in Earth-based training, but it is a feature of space operations that may have significant impact on the effectiveness of Earth-based training and on the ability of crewmembers to retain their knowledge and to acquire new skills in space. In addition to zero-G, the phenomenon of space adaptation, the stresses of confinement, noise, reduced-quality sleep, and the ever-present threat to basic survival are all factors that affect people's behavior and cognitive capabilities. Little to no data are available on how people learn in space or how retention and retrieval of Earth-based training are affected by being in space over a long period of time.
Task Progress:	 In FY14, the following progress has been made: NASA Institutional Review Board (IRB) protocol was developed, submitted, and approved. Software for pre-test and training was developed and approved by the NASA Payload Display Review Team. Informed consent briefings were held with 1 year crewmembers. Other ISS Mission Planning documents were generated (e.g. Experiment Document LS20539).
Bibliography Type:	Description: (Last Updated: 01/11/2021)
Abstracts for Journals and Proceedings	Thaxton S, Holden K, Barshi I. "Space Human Factors Engineering (SHFE) ISS One-Year Mission Investigations." Presented at the 2014 NASA Human Research Program Investigators' Workshop, Galveston, TX, February 12-13, 2014. 2014 NASA Human Research Program Investigators' Workshop, Galveston, TX, February 12-13, 2014. <u>http://www.hou.usra.edu/meetings/hrp2014/pdf/3292.pdf</u> , Feb-2014