| Fiscal Year:                                 | FY 2013                                    |                                                                                                        | Task Last Updated:       | FY 02/06/2014                         |
|----------------------------------------------|--------------------------------------------|--------------------------------------------------------------------------------------------------------|--------------------------|---------------------------------------|
| PI Name:                                     | Young, Laurence R. Sc.D.                   |                                                                                                        |                          |                                       |
| Project Title:                               | Countermeasures to<br>Levels               | Reduce Sensorimotor Impairme                                                                           | ent and Space Motion Sid | ckness Resulting from Altered Gravity |
| Division Name:                               | Human Research                             |                                                                                                        |                          |                                       |
| Program/Discipline:                          |                                            |                                                                                                        |                          |                                       |
| Program/Discipline<br>Element/Subdiscipline: | NSBRISensorimo                             | tor Adaptation Team                                                                                    |                          |                                       |
| Joint Agency Name:                           |                                            | TechPort:                                                                                              |                          | Yes                                   |
| Human Research Program Elements:             | (1) <b>HHC</b> :Human H                    | ealth Countermeasures                                                                                  |                          |                                       |
| Human Research Program Risks:                | (1) Sensorimotor:R                         | isk of Altered Sensorimotor/Ve                                                                         | stibular Function Impact | ing Critical Mission Tasks            |
| Space Biology Element:                       | None                                       |                                                                                                        |                          |                                       |
| Space Biology Cross-Element<br>Discipline:   | None                                       |                                                                                                        |                          |                                       |
| Space Biology Special Category:              | None                                       |                                                                                                        |                          |                                       |
| PI Email:                                    | <u>lry@mit.edu</u>                         |                                                                                                        | Fax:                     | FY 617-258-8111                       |
| PI Organization Type:                        | UNIVERSITY                                 |                                                                                                        | Phone:                   | 617-253-7759                          |
| Organization Name:                           | Massachusetts Insti                        | tute of Technology                                                                                     |                          |                                       |
| PI Address 1:                                | Department of Aeronautics and Astronautics |                                                                                                        |                          |                                       |
| PI Address 2:                                | 77 Massachusetts A                         | venue                                                                                                  |                          |                                       |
| PI Web Page:                                 |                                            |                                                                                                        |                          |                                       |
| City:                                        | Cambridge                                  |                                                                                                        | State:                   | MA                                    |
| Zip Code:                                    | 02139-4301                                 | (                                                                                                      | Congressional District:  | 8                                     |
| Comments:                                    | Deceased as of Aug                         | ust 2021.                                                                                              |                          |                                       |
| Project Type:                                | GROUND                                     | Solicita                                                                                               | tion / Funding Source:   | 2012 Crew Health NNJ12ZSA002N         |
| Start Date:                                  | 08/01/2013                                 |                                                                                                        | End Date:                | 07/31/2016                            |
| No. of Post Docs:                            |                                            |                                                                                                        | No. of PhD Degrees:      |                                       |
| No. of PhD Candidates:                       |                                            | Ν                                                                                                      | o. of Master' Degrees:   |                                       |
| No. of Master's Candidates:                  |                                            | No.                                                                                                    | of Bachelor's Degrees:   |                                       |
| No. of Bachelor's Candidates:                |                                            |                                                                                                        | Monitoring Center:       | NSBRI                                 |
| Contact Monitor:                             |                                            |                                                                                                        | <b>Contact Phone:</b>    |                                       |
| Contact Email:                               |                                            |                                                                                                        |                          |                                       |
| Flight Program:                              |                                            |                                                                                                        |                          |                                       |
| Flight Assignment:                           |                                            |                                                                                                        |                          |                                       |
| Key Personnel Changes/Previous PI:           |                                            |                                                                                                        |                          |                                       |
| COI Name (Institution):                      | Oman, Charles ( N                          | Massachusetts Eye And Ear Infr<br>Iassachusetts Institute of Techno<br>Iassachusetts Eye And Ear Infir | ology)                   |                                       |
| Grant/Contract No.:                          | NCC 9-58-SA0340                            | l                                                                                                      |                          |                                       |
| Performance Goal No.:                        |                                            |                                                                                                        |                          |                                       |
| Performance Goal Text:                       |                                            |                                                                                                        |                          |                                       |

| Task Description:                      | Adaptation to altered gravity has been of concern from the earliest reports of space motion sickness, through the Apollo exploration era, and into current planning of exploration missions. The proposed research program, to be conducted by a collaboration of highly experienced space flight investigators from MIT and the Massachusetts Eye and Ear Infirmary at Harvard, takes a new approach which could lead to an effective, practical, and acceptable protocol for pre-adapting astronauts to space flight. By using the gravitoinertial alterations possible with centrifugation in different body orientations we will quantify an individual's sensory adaptation capability and use it to predict and to minimize the consequences of movement in any other gravity environment – eventually including weightlessness. In combination with appropriate use of a drug (promethazine) we anticipate the development of a new pre-flight adaptation protocol to minimize disorientation and motion sickness and to overcome disturbances in manual control. An important step in the development will be the determination of the benefit and risks associated with the use of promethazine in conjunction with adaptation training. |  |  |  |
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| Rationale for HRP Directed Research:   |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                   |  |  |  |
| <b>Research Impact/Earth Benefits:</b> |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                   |  |  |  |
| Task Progress:                         | New project for FY2013.                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                           |  |  |  |
| Bibliography Type:                     | Description: (Last Updated: 02/08/2021)                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                           |  |  |  |