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Task Description:	As long-duration spaceflights continue and the operational suite of countermeasures is modified, the food system is updated, and the duration of missions lengthens, it will be important to evaluate and monitor a broad set of biomarkers for key physiological systems. The Nutritional Status Assessment Supplemental Medical Objective (aka "Nutrition SMO") was initiated in 2006, and has yielded significant clinical, operational, and research data. This proposal aims to extend the Nutrition SMO, under the guidelines provided in the NRA. Nutrition SMO data have been used to help identify or explain medical, scientific, and even engineering issues that have occurred during or after International Space Station missions. The data have been used by Medical Operations on multiple occasions, to confirm the effectiveness of vitamin D supplementation, to test for nutrient toxicities (secondary to supplement use), to evaluate blood and urine chemistries after instances of kidney stones and gout symptoms in crewmembers, and to evaluate the effects of using a new exercise device on bone and calcium metabolism. The ISS Program Office has used these data to determine factors contributing to the Urine Processor Assembly failure and to make forward operational decisions. Perhaps most striking, the data provided evidence that one-carbon metabolism may be altered in crewmembers who experienced vision changes post flight, the highest Human Research Program risk. The relationship between nutritional status and 1-carbon metabolism would likely never have been discovered if the Nutrition SMO was not being conducted. The impact of the data collected to date provide a strong rationale for continuing with an updated version of this protocol, eliminating some tests while expanding others, to provide a repository of data to other scientific Disciplines. We have extensive experience with these types of analyses, sample and data management, transfer to data archives, and data reduction for medical, management, and research purposes.
Rationale for HRP Directed Research:	:
Research Impact/Earth Benefits:	
Task Progress:	New project for FY2013.
Bibliography Type:	Description: (Last Updated: 05/24/2023)