

Fiscal Year:	FY 2006	Task Last Updated:	FY 11/09/2005
PI Name:	Qin, Yi-Xian Ph.D.		
Project Title:	A Scanning Confocal Acoustic Diagnostic System for Non-Invasively Assessing Bone Quality		
Division Name:	Human Research		
Program/Discipline:	NSBRI Teams		
Program/Discipline--Element/Subdiscipline:	NSBRI Teams--Technology Development Team		
Joint Agency Name:	TechPort:	Yes	
Human Research Program Elements:	(1) HHC :Human Health Countermeasures		
Human Research Program Risks:	(1) Bone Fracture :Risk of Bone Fracture due to Spaceflight-induced Changes to Bone (2) Osteo :Risk Of Early Onset Osteoporosis Due To Spaceflight		
Space Biology Element:	None		
Space Biology Cross-Element Discipline:	None		
Space Biology Special Category:	None		
PI Email:	yi-xian.qin@stonybrook.edu	Fax:	FY 631-632-8577
PI Organization Type:	UNIVERSITY	Phone:	631-632-1481
Organization Name:	SUNY- The State University of New York		
PI Address 1:	Orthopaedic Bioengineering Research Laboratory		
PI Address 2:	Room 215, Bioengineering Bldg		
PI Web Page:			
City:	Stony Brook	State:	NY
Zip Code:	11794-5281	Congressional District:	1
Comments:			
Project Type:	GROUND	Solicitation / Funding Source:	2003 Biomedical Research & Countermeasures 03-OBPR-04
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No. of PhD Candidates:	3	No. of Master' Degrees:	7
No. of Master's Candidates:	4	No. of Bachelor's Degrees:	6
No. of Bachelor's Candidates:	2	Monitoring Center:	NSBRI
Contact Monitor:	Contact Phone:		
Contact Email:			
Flight Program:			
Flight Assignment:			
Key Personnel Changes/Previous PI:			
COI Name (Institution):	Gruber, Barry (SUNY- The State University of New York) Rubin, Clinton (Research Foundation of SUNY)		
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Task Description:	<p>The bone loss which parallels extended space missions represent serious threat to astronaut health, both during flight and on return to gravitational fields. Early diagnosis of osteoporosis would enable prompt treatment and thus dramatically reduce the risk of fracture. Currently, the principal method used to diagnose osteoporosis is dual-energy X-ray absorptiometry (DEXA), which provides a 2-D representation of bone mineral density (BMD), but not bone's physical properties per se. Recent advances in quantitative ultrasound have enabled a true characterization of bone quality, including both BMD and mechanical strength. Currently funded by the NSBRI, we have developed a scanning confocal acoustic diagnostic (SCAD) system capable of generating acoustic images at the regions of interest (e.g., in the calcaneus). Both animal and human trials indicate strong correlations between SCAD and microCT determined parameters of bone's material properties, including BMD ($R=0.87$) and yield strength ($R=0.9$). The objectives of this study are to further develop this unique diagnostic for use in the human, including an improved resolution, faster scan times (e.g., < 5 min for the calcaneus), the ability to scan multiple sites of the skeleton, and to validate image based characterization of bone's physical properties to true bone quality as based on material testing. In essence, this next phase of research will focus on developing the SCAD prototype as a real-time, high-resolution, and portable bone image modality for determining bone quality. A series of four interrelated specific aims are proposed: 1) Bone surface topology will be determined via acoustic surface mapping which can be used for accurately measuring wave velocity. 2) The system capable of extracting trabecular BUA and UV images at multiple skeletal sites, i.e., calcaneus, wrist, and hip, will be further developed to provide direct assessment of bone loss and fracture risk. 3) Using cadaver specimens, bone's structural and strength properties, as measured by SCAD, will be validated by microCT and mechanical testing, as well as, nanoindentation. 4) Comparisons to standard diagnostics will be performed by clinical assessment on osteoporosis subjects using both SCAD and DEXA. This work will help to refine a non-invasive diagnostic for bone loss, and may potentiate the development of a flight instrument for the precise determination of bone quality during extended space missions.</p>
Rationale for HRP Directed Research:	<p>Musculoskeletal decay due to a microgravity environment has greatly impacted the nation's civil space missions and ground operations. Such musculoskeletal complications are also major health problems on Earth, i.e., osteoporosis, and the delayed healing of fractures. About 13 to 18 percent of women aged 50 years and older and 3 to 6 percent of men aged 50 years and older have osteoporosis in the US alone. One-third of women over 65 will have vertebral fractures and 90% of women aged 75 and older have radiographic evidence of osteoporosis. Thus, approximately a total of 24 million people suffer from osteoporosis in the United States, with an estimated annual direct cost of over \$18 billion to national health programs. Hence, an early diagnosis that can predict fracture risk and result in prompt treatment is extremely important. Development of a low mass, compact, noninvasive diagnostic tool, i.e., ultrasound bone quality detector, will have a great impact as an early diagnostic to prevent bone fracture. This research will address critical questions in the Critical Path Roadmap related to non-invasive assessment of the acceleration of age-related osteoporosis and the monitoring of fractures and impaired fracture healing. The results have demonstrated the feasibility and efficacy of SCAD for assessing bone's quality in bone. We have been able to demonstrate that the bone quality is predictable via non-invasive scanning ultrasound imaging in the ROI, and to demonstrate the strong correlation between SCAD determined data and CT identified BMD, structural index, and mechanical modulus. These data have provided a foundation for further development of the technology and the clinical application in this research. Our principal goal is to continue the development and evaluation of the SCAD system for ground-based determination of bone's physical properties, and for determining even subtle changes of bone during extended flights.</p>
Task Progress:	<p>Musculoskeletal complications induced by age-related diseases like osteoporosis, and in long-term disuse osteopenia such as a lack of microgravity during extended space missions and long-term bed rest, represent a key health problem. Such a skeletal disorder changes both the structural and strength properties of bone, and the latter plays a critical role in ultimately leading to fracture. Early diagnosis of progressive bone loss or poor bone quality would allow prompt treatment and thus will dramatically reduce the risk of bone fracture. While most of the osteoporotic fractures occur in cancellous bone, non-invasive assessment of trabecular strength and stiffness is extremely important in evaluating bone quality. In this year's research, we are able to develop a scanning confocal acoustic diagnostic (SCAD) system capable of generating acoustic images at the regions of interest (e.g., in the human calcaneus) for identifying the strength of trabecular bone, in which the system is capable of generating non-invasive, high-resolution ultrasound (US) attenuation and velocity maps of bone, and thus determining the relationship between ultrasonic specific parameters and bone mineral density (BMD), and bone strength and bone's physical properties (i.e., stiffness and modulus). The ultrasound resolution and sensitivity are significantly improved by its configuration, compared to the existing technology. Developed prototype of SCAD is successfully used in the bedrest subjects (UTMB, Galveston, TX) and clinical test (Stony Brook University). A surface topology mapping technology using scanning ultrasound is developed and capable of determining calcaneus bone thickness accurately and hence enhancing the accuracy of UV measurement.</p>
Bibliography Type:	Description: (Last Updated: 02/17/2021)
Abstracts for Journals and Proceedings	<p>Qin Y- X, Xia Y, Lin W, Mittra E, Gruber B, Rubin CT. "Trabecular Bone Density and Strength Assessment Using Non-Invasive Scanning Confocal Ultrasound Imaging Technology." ASBMR-NIH Bone Quality Workshop, May 2005. ASBMR-NIH Bone Quality Workshop. 2005;31, May 2005. , May-2005</p>
Abstracts for Journals and Proceedings	<p>Qin Y- X, Xia Y, Lin W, Rubin C, Gruber B. "Assessment of trabecular bone quality in human calcaneus using scanning confocal ultrasound and dual x-ray absorptiometry (DEXA) measurements." 148th Meeting of the Acoustical Society of America, October 2004. J Acoustical Soc Am. 2004 Oct;116(4): 2492. , Oct-2004</p>
Abstracts for Journals and Proceedings	<p>Xia Y, Lin W, Qin Y. "The influence of cortical end-plate on broadband ultrasound attenuation measurements at the human calcaneus for bone quality assessment." 51st Annual Meeting of the Orthopaedic Research Society, Washington, DC, February 2005. Transactions, 51st Ann Mtg Orthopaedic Res Soc. 2005;30:0711. , Feb-2005</p>
Articles in Peer-reviewed Journals	<p>Lin W, Mittra E, Qin Y- X. "Determination of Ultrasound Phase Velocity in Trabecular Bone Using Time Dependent Phase Tracking Technique." J Biomed Eng, in press, November 2005. , Nov-2005</p>

Articles in Peer-reviewed Journals	Mittra E, Akella S, Qin Y- X. "The effects of embedding material, loading rate and magnitude, and penetration depth in nanoindentation of trabecular bone." J Biomed Mat Res, in press, November 2005. , Nov-2005
Articles in Peer-reviewed Journals	Mittra E, Rubin C, Qin YX. "Interrelationship of trabecular mechanical and microstructural properties in sheep trabecular bone." J Biomech. 2005 Jun;38(6):1229-37. PMID: 15863107 , Jun-2005
Articles in Peer-reviewed Journals	Xia Y, Lin W, Qin YX. "The influence of cortical end-plate on broadband ultrasound attenuation measurements at the human calcaneus using scanning confocal ultrasound." J Acoust Soc Am. 2005 Sep;118(3 Pt 1):1801-7. PMID: 16240838 , Sep-2005
Patents	Provisional Application #60/271,957. Provisional Application Patent, January 2006. Jan-2006 Qin Y- X, Lin W, Rubin CT. "Method and apparatus for scanning confocal acoustic diagnostic for bone quality."