

<b>Fiscal Year:</b>	FY 2019	<b>Task Last Updated:</b>	FY 06/01/2019
<b>PI Name:</b>	Strangman, Gary E Ph.D.		
<b>Project Title:</b>	Quantifying and Predicting Operationally-Relevant Performance in a Long-Duration Spaceflight Analog		
<b>Division Name:</b>	Human Research		
<b>Program/Discipline:</b>			
<b>Program/Discipline--Element/Subdiscipline:</b>	HUMAN RESEARCH--Behavior and performance		
<b>Joint Agency Name:</b>	<b>TechPort:</b>	No	
<b>Human Research Program Elements:</b>	(1) <b>HFBP</b> :Human Factors & Behavioral Performance (IRP Rev H)		
<b>Human Research Program Risks:</b>	(1) <b>BMed</b> :Risk of Adverse Cognitive or Behavioral Conditions and Psychiatric Disorders (2) <b>Sleep</b> :Risk of Performance Decrements and Adverse Health Outcomes Resulting from Sleep Loss, Circadian Desynchronization, and Work Overload		
<b>Space Biology Element:</b>	None		
<b>Space Biology Cross-Element Discipline:</b>	None		
<b>Space Biology Special Category:</b>	None		
<b>PI Email:</b>	<a href="mailto:strang@nmr.mgh.harvard.edu">strang@nmr.mgh.harvard.edu</a>	<b>Fax:</b>	FY
<b>PI Organization Type:</b>	NON-PROFIT	<b>Phone:</b>	617-724-0662
<b>Organization Name:</b>	Massachusetts General Hospital		
<b>PI Address 1:</b>	Department of Psychiatry		
<b>PI Address 2:</b>	149 13th Street, Suite 2651		
<b>PI Web Page:</b>			
<b>City:</b>	Charlestown	<b>State:</b>	MA
<b>Zip Code:</b>	02129-2020	<b>Congressional District:</b>	7
<b>Comments:</b>			
<b>Project Type:</b>	GROUND	<b>Solicitation / Funding Source:</b>	2015-16 HERO NNJ15ZSA001N-ILSRA. Appendix F: International Life Sciences Research Announcement
<b>Start Date:</b>	08/01/2016	<b>End Date:</b>	09/30/2020
<b>No. of Post Docs:</b>	1	<b>No. of PhD Degrees:</b>	0
<b>No. of PhD Candidates:</b>	0	<b>No. of Master' Degrees:</b>	1
<b>No. of Master's Candidates:</b>	2	<b>No. of Bachelor's Degrees:</b>	0
<b>No. of Bachelor's Candidates:</b>	0	<b>Monitoring Center:</b>	NASA JSC
<b>Contact Monitor:</b>	Williams, Thomas	<b>Contact Phone:</b>	281-483-8773
<b>Contact Email:</b>	<a href="mailto:thomas.j.will1@nasa.gov">thomas.j.will1@nasa.gov</a>		
<b>Flight Program:</b>			
<b>Flight Assignment:</b>	NOTE: Changed end date to 9/30/2020 per L. Juliette/HRP (Ed., 2/19/2020) NOTE: Extended to 1/31/2020 per K. Ohnesorge/HRP JSC (Ed., 5/24/18) NOTE: Element change to Human Factors & Behavioral Performance; previously Behavioral Health & Performance (Ed., 1/18/17)		
<b>Key Personnel Changes/Previous PI:</b>	June 2019 report: Dr. Vladimir Ivkovic is now CoInvestigator on the project.		
<b>COI Name (Institution):</b>	Zhang, Quan Ph.D. ( Massachusetts General Hospital ) Ivkovic, Vladimir Ph.D. ( Massachusetts General Hospital )		
<b>Grant/Contract No.:</b>	NNX16AO30G		
<b>Performance Goal No.:</b>			

**Performance Goal Text:**

Exploration spaceflight missions will expose crewmembers to many risks that could affect their performance and mission success. Minimizing such risks will require identifying and validating objective indicators of behavioral health and performance (BMed2 Gap), understanding the contribution of sleep loss on individual behavioral health (Sleep2 Gap), and identifying countermeasures that can reduce these risks (BMed1, BMed6, and Sleep9 Gaps). Currently the Robotic On-Board Trainer (ROBoT) is used operationally by astronauts both on the ground and on the International Space Station (ISS) to practice Canada Arm activities. Our group is helping adapt ROBoT for research use and for quantitative performance assessment. In addition, our group is developing and testing NINscan-SE: a multi-use system for measuring brain and physiological function. Both ROBoT and NINscan-SE are being characterized and validated in our laboratory, and will undergo analog feasibility testing during the Human Exploration Research Analog (HERA) C4 and C5 campaigns. In this project, we will deploy both systems to:

Aim 1: Characterize operational task performance changes during 45-day HERA missions, including the roles of time-in-mission, workload, sleep debt, and operational emergencies.

Aim 2: Characterize brain and systemic physiology changes during 45-day HERA missions, including the roles of time-in-mission, workload, sleep debt, and operational emergencies.

Aim 3: Identify physiological or behavioral variables that predict operational performance.

Aim 4: Quantify the influence of behavioral health countermeasures on both operational performance and (neuro)physiological measures.

**Task Description:**

To achieve these aims, we will recruit up to 32 crewmembers from eight 45-day missions in the HERA facility during Campaigns 4 and 5, plus up to 32 control subjects. HERA and control participants will all perform ROBoT tasks plus undergo physiological monitoring 2x/week, on matching schedules, thus enabling us to differentiate changes in operational performance due to practice over time from any changes due to HERA sequestration. In addition, two “unexpected operational emergency” events will be introduced in the first and last weeks of each HERA mission. These will consist of an acute need to capture a wayward satellite traveling near the limits of Canada Arm capabilities.

We will also work with the Behavioral Health and Performance (BHP) Element and other HERA investigators to coordinate ROBoT and physiological data collection before, during, and after one or more countermeasure (CM) deployments during the HERA missions. CM(s) may include a lighting intervention, a Virtual Space Station-based behavioral intervention, diet, exercise or some other intervention. The experimental design will depend on the nature of the CM. We will test hypotheses that the CM(s) generate detectable changes in ROBoT performance and rest/task (neuro)physiology recordings. We will also compare ROBoT performance to the standardized Behavioral Core Measures (BCM), if possible.

The knowledge-deliverables of this project will describe: (i) changes in operationally-relevant (ROBoT) performance during the HERA mission in a well-controlled analog study of substantial size; (ii) changes in cerebral and systemic physiology associated with HERA mission parameters as well as operational performance; (iii) identification of potential predictors of future ROBoT performance; and (iv) the influence of the investigated countermeasure(s) on operational performance and physiology.

**Rationale for HRP Directed Research:****Research Impact/Earth Benefits:**

The ROBoT system—and the HERA isolation protocol—are quite specific to NASA spaceflight operations and hence have relatively few direct Earth applications. However, the ROBoT spacecraft-capture simulations represent a highly skilled, complex operational performance task. It could thus be used as a comparison task in concert with detailed cognitive testing to help dissect the cognitive components complex tasks as well as the influence of other physiological stressors (e.g., sleep deprivation, alcohol consumption, medical radiation) on the performance of such tasks. Use of different complex tasks with the same approach could be useful in assessing and predicting performance in a wide range of other operational environments (diving, pilots, military, surgeons, etc.).

Regarding NINscan-SE, no current NIRS (near-infrared spectroscopy), EEG, or polysomnography device has both the portability and the multi-use features of the system we will be deploying. This system could thus have substantial novel Earth applications. Hospital monitoring applications could include long-duration, non-invasive brain monitoring in the NeuroICU following stroke or traumatic injury, for which no similar technology exists. Real-time, in-office brain activation assessment could also be supported, for assessment of psychiatric states, for monitoring the neural effects of cardiovascular or psychoactive drugs or other therapies, or for brain monitoring during rehabilitation. Mobile monitoring could perhaps have an even larger impact outside the hospital setting. A wearable monitor would enable ambulatory syncope monitoring, or multi-parameter ambulatory epilepsy monitoring. If deployed in emergency settings, NINscan-SE could potentially be used to detect cerebral or abdominal hemorrhage, ischemia, and/or cortical spreading depression by first responders. Home monitoring uses include various sleep disorders, as well as various commercial possibilities.

The goal of this project is to assess operationally-relevant behavioral performance over 45-day isolation and confinement periods in the Human Exploration Research Analog (HERA), as well as associated neurophysiological status during this period. Operational performance is being evaluated using the ROBoT-r task—an operationally used track-and-capture task for grappling incoming resupply vehicles using Canadarm2. This task was modified for research use as part of the separate Behavioral Core Measures project. Neurophysiological assessments include resting-state connectivity and functional brain activation during the ROBoT-r task trials using our near-infrared spectroscopy and imaging (NIRS/NIRI) based NINscan devices.

In Year 3 of this project, the following tasks have been completed.

ROBoT-r v6.3 Software Deployment: While ROBoT-r v6.2 remained deployed in HERA for Campaign 4, v6.3 was deployed for Campaign 5. This upgrade included an important upgrade that prevents any accidental bumping of the hand controllers between trials from causing a trial abort, as well as a few minor modifications to the feedback displays provided after each trial. These display modifications were made based on discussions with ROBoT-r trainers to ensure consistency of feedback between research and operations use of the ROBoT-r task. In addition, at the start of HERA

	<p>C5M2, a patch was deployed to speed up the recycling process between ROBoT-r runs to help maintain the task timing and schedule for ROBoT-r performance.</p> <p>HERA Data Collection: In the past year, we completed data collection for HERA Campaign 4 Mission 5, HERA Campaign 5 Mission 1, and initiated data collection for HERA Campaign 5 Mission 2. In each case, Dr. Ivkovic traveled to Houston to confirm appropriate setup of the system and conducted all crew familiarization (with both ROBoT-r and NINscan-SE), all crew training, and all baseline data collection. ROBoT-r and NINscan-SE data was also validated (to confirm the appropriate data was being collected) prior to hatch-closing for each mission. Data collection included the ROBoT-r behavioral performance data and multi-modal NINscan brain and physiological data.</p> <p>In addition, following the finalization of the HERA C4M5 crew, we began recruiting control subjects at Massachusetts General Hospital for HERA Campaign 4. To date, we have recruited n=10 control subjects, and completed running n=7, with no off-nominal data collection issues.</p> <p>HERA Data Analysis: Analyses to date remain preliminary, given the limited number of control subjects. However, a number of features have been clearly identified.</p> <ul style="list-style-type: none"> <li>• Weighted scores increase steadily and significantly throughout the ~60-day pre-/during-/post-HERA periods, representing improved accuracy at point of contact between Canadarm2 and the HTV-II vehicle. The proportion of successful captures also increases over this period.</li> <li>• Duration to completing vehicle capture decreases steadily and significantly over this same period. Increased speed combined with the improved performance is a hallmark of learning, which appears to continue throughout the 60 day missions (which represent ~10-12 hours of hands-on ROBoT-r performance).</li> <li>• Performance is significantly affected by run difficulty, with the highest difficulty resulting in significantly poorer and slower performance.</li> <li>• There were notable and significant differences in overall performance across crews.</li> <li>• In preliminary comparisons between HERA subjects and controls, we found controls performed slightly but significantly worse than HERA participants overall. Interestingly, controls performed better but slower in the high difficulty levels, suggesting a somewhat different strategy (slow and careful) compared to HERA subjects (faster but less accurate).</li> <li>• Physiological data from NINscan demonstrated significant differences between HERA crews and controls in heart rate (HERA&gt;Controls). Both groups exhibited changes in heart rate, as well as frontal pole and dorsolateral prefrontal brain activation within runs, suggesting progressive "activation" as the more challenging end of the run approached.</li> </ul> <p>Given the limited number of controls, the above findings are preliminary and we cannot state any firm conclusions regarding the differences between HERA crewmembers and controls, for either behavioral performance or for physiological variables.</p> <p>Dissemination: The results to date of ROBoT-r data collection were presented at the Human Research Program Investigator Workshop (HRP IWS) conference in Galveston, TX in late Jan 2019, and portions of this effort were included in the Master's Thesis of Dr. Stijn Thoolen at Kings College, London.</p> <p>Remainder of Year 3: In the remaining 2 months of grant year 3 we anticipate completing the following activities:</p> <p>Data Collection: Data collection and support for C5M2 is underway and will continue through mid-July 2019. We will also continue to actively recruit additional control subjects, and steadily run those through this year and next.</p> <p>Data Quality Control: We will conduct a detailed data quality-control assessment for all C4 datasets as well as for C5M1. This will include identifying more subtle anomalies (dropout, noise, erroneous values, etc.) in all datasets so that analysis programs can be robust to such data features. C5M2 will undergo the same process at the beginning of the next grant year.</p> <p>Data Analysis: We will work to complete the interim analysis of our NINscan data during the remainder of this grant year, with analyses designed to address our Specific Aims.</p>
<b>Bibliography Type:</b>	Description: (Last Updated: 04/26/2024)
<b>Abstracts for Journals and Proceedings</b>	<p>Ivkovic V, Thoolen S, Zhang Q, Strangman GE. "Quantifying and Predicting Operationally-Relevant Performance in a Long-Duration Spaceflight Analog." The Moon, Mars, and Beyond! 2019 NASA Human Research Program Investigators' Workshop, Galveston, TX, January 22-25, 2019.</p> <p>Abstracts. 2019 NASA Human Research Program Investigators' Workshop, Galveston, TX, January 22-25, 2019. , Jan-2019</p>
<b>Dissertations and Theses</b>	<p>Thoolen SJJ. "Operational performance for spaceflight: Robotic On-Board Trainer skill acquisition and associated (neuro)physiological response." MSc dissertation, King's College London, September 2018. , Sep-2018</p>