Task Book Report Generated on: 04/18/2024

Fixed Years: PY 2015 Task Last Updated: PY 08/11/2015 PI Name: Perlman, fixeg Project Title: Personality and Biological Predictors of Resiliency to Chronic Stress Among High-Achieving Achits Division Name: Human Research Program/Dicipline: Program/Dicipline: Program/Dicipline: Program/Dicipline: BIMMAN RESIFARCH—Behavior and performance Flement/Subdivision; Joint Agency Name: TechPort: No Human Research Program Elements: (1) HFBP-Human Factors & Behavioral Performance (IRP Rev H) Human Research Program Risks: (1) HFBP-Human Factors & Behavioral Performance (IRP Rev H) Human Research Program Risks: (1) HFBP-Human Factors & Behavioral Performance (IRP Rev H) Human Research Program Risks: (1) HFBP-Human Factors & Behavioral Performance (IRP Rev H) Human Research Program Risks: (1) HFBP-Human Factors & Behavioral Performance (IRP Rev H) Human Research Program Risks: (1) HFBP-Human Factors & Behavioral Performance (IRP Rev H) Human Research Program Risks: (1) HFBP-Human Factors & Behavioral Performance (IRP Rev H) Human Research Program Risks: (1) HFBP-Human Factors & Behavioral Performance (IRP Rev H) Human Research Program Risks: (1) HFBP-Human Factors & Behavioral Performance (IRP Rev H) Human Research Program Risks: (1) HFBP-Human Factors & Behavioral Performance (IRP Rev H) None Space Biology Special Category: None Space				
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Division Name: Human Research Program/Discipline: Program/Discipline: Program/Discipline: Program/Discipline: HUMAN RESEARCH-Behavior and performance Human Research Program Elements: Joint Agency Name: In TechPort: No Human Research Program Elements: (1) HFRP-Human Factors & Behavioral Performance (IRP Rev H) Human Research Program Risks: (1) BMcdcRisk of Adverse Cognitive or Behavioral Conditions and Psychiatric Disorders Space Biology Element: None Space Biology Cross-Element None Space Biology Special Category: None PI Email:		Perlman, Greg		
Program/Discipline:	Project Title:	Personality and Biological Predictors of Resiliency to Chronic Stress Among High-Achieving Adults		
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Human Research Program Risks: (1) BMed:Risk of Adverse Cognitive or Behavioral Conditions and Psychiatric Disorders	Joint Agency Name:		TechPort:	No
Space Biology Element: None Space Biology Cross-Element Discipline: Space Biology Special Category: None PI Email: gree perlman@stonybrook.edu Fax: FY PI Organization Type: UNIVERSITY Phone: 631-638-1922 Organization Name: State University of New York, Stony Brook PI Address 1: Psychiatry PI Address 2: Health Science Center, 010-60G PI Web Page: City: Stony Brook State: NY Zip Code: 11794-3365 Congressional District: 1 Comments: Project Type: GROUND Solicitation / Funding 2014-15 HERO NNJ14ZSA001N-Crew Source: Health-OMNIBUS State Date: 07/01/2015 Enab Date: 06/30/2016 No. of Post Does: No. of PhD Degrees: No. of PhD Candidates: No. of Master' Degrees: No. of Master's Candidates: No. of Master' Degrees: No. of Master's Candidates: No. of Bachelor's Degrees: No. of Bachelor's Candidates: Monitoring Center: NASA JSC Contact Monitor: Leveton, Lauren Contact Phone: Contact Email: Jauren.b.leveton@mass5.gov Flight Program: Flight Assignment: Key Personnel Changes/Previous PI: COI Name (Institution): Kotov, Roman Ph.D. (State University of New York, Stony Brook) Proudifi, Greg Ph.D. (State University of New York, Stony Brook) Proudifi, Greg Ph.D. (State University of New York, Stony Brook) Proudifi, Greg Ph.D. (State University of New York, Stony Brook) Proudifi, Greg Ph.D. (State University of New York, Stony Brook) Proformance Goal No.:	Human Research Program Elements:	(1) HFBP :Human Factors & Behavioral Performance (IRP Rev H)		
Space Biology Cross-Element Discipline: Space Biology Special Category: None PI Email: gree_perlman@stonvbrook.edu Fax: FY Pl Organization Type: UNIVERSITY Phone: 631-638-1922 Organization Name: State University of New York, Stony Brook PI Address 1: Psychiatry PI Address 2: Health Science Center, 010-60G PI Web Page: City: Stony Brook State: NY Zip Code: 11794-3365 Congressional District: Comments: Project Type: GROUND Solicitation / Funding Solicitat	Human Research Program Risks:	(1) BMed :Risk of Adverse Cognitive or Behavioral Conditions and Psychiatric Disorders		
Discipline: "Note Space Biology Special Category: None PI Email: greg perlmani@stonybrook.edu Fax: FY PI Organization Type: UNIVERSITY Phone: 631-638-1922 Organization Name: State University of New York, Stony Brook PI Address 1: Psychiatry PI Address 2: Health Science Center, 010-60G PI Web Page: City: Stony Brook State: NY Zip Code: 11794-3365 Congressional District: 1 Comments: Project Type: GROUND Solicitation / Funding 2014-15 HERO NNJ14ZSA001N-Crew Source: Health-OMNIBUS Start Date: 07/01/2015 End Date: 06/30/2016 No. of Post Docs: No. of PhD Degrees: No. of PhD Candidates: No. of Master' Degrees: No. of Master's Candidates: No. of Master' Degrees: No. of Master's Candidates: Monitoring Center: NASA JSC Contact Monitor: Levelon, Lauren Contact Phone: Flight Program: Flight Program: Flight Program: Flight Assignment: Key Personnel Changes/Previous PI: COI Name (Institution): Kotov, Roman Ph.D. (State University of New York, Stony Brook) Prooudif, Greg Ph.D. (State University of New York, Stony Brook) Performance Goal No.:	Space Biology Element:	None		
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The objective of this research proposal is to identify the key personality, behavioral, and neurophysiological predictors of resiliency among a population of high-achieving young adults in a high-stress environment. To accomplish this objective, we will recruit 200 adult male and female trainees from nearby highly-demanding medical training programs and research labs, a population analogous to astronauts. During the first visit to our laboratory (Wave 1), we will assess trainees with a comprehensive battery of characteristics relevant to resiliency. Self-report predictors include "Big 5" personality, recently-developed subfacets of the Big 5 (i.e., social closeness, melancholia, self-discipline, etc.), IQ, and behavioral-health scales (i.e., mood, anxiety, support, etc.). Neurophysiological predictors will be assessed using a comprehensive battery designed to measure neural reactivity (i.e., electroencephalogram) during experimental tasks relevant to space mission success (i.e., performance monitoring, vigilance). Resiliency will be measured by self-report behavioral health symptoms (i.e., depression, anxiety, sleep, stress) and behavioral performance on tasks (e.g., accuracy, post-error adjustments, reaction time) at Wave 1 (to establish a baseline) and then monthly for 5 **Task Description:** months. This prospective, repeated measures design will allow us to track fluctuations in resiliency during the course of their highly-demanding medical training program. After completing data collection, we will identify the Wave 1 personality, behavioral, and neurophysiological profile that best predicted successful adaption during intensive training (i.e., better mental health and better performance). We will also use innovative statistical methods to develop validity scales to identify "fake good" personality responses. This research proposal aims to elucidate the personality, behavioral, and neurophysiological factors that predict successful adaption to chronic stress among high-achieving young adults in highly demanding contexts. The knowledge gained from this research will aid in the design of a new standardized selection protocol, which could then be streamlined and validated in an astronaut sample in close analogues to space travel. Rationale for HRP Directed Research: Research Impact/Earth Benefits: New project for FY2015. Task Progress:

Description: (Last Updated: 06/22/2016)

Bibliography Type: